

# **UNION MINE HIGH SCHOOL**

## HOME OF THE "DIAMONDBACKS"

Principal: Paul Neville Athletic Director: Jay Aliff

## **Online Athletic Packet Registration Instructions**

- Go to https://unionmine.8to18.com (no www.)
- Click on "Create an Account" and enter your own email and create your own password. (Please be sure to remember this password as you will use this for the years to come for all of your children).
- Click on "Begin Registration"
- "Select Activity" Step One
  - o Select the sport your child will be trying out for/participating in.
- <u>"Select Participant"- Step Two</u>
  - o Add a New Participant (or choose your child once created)
  - o All information on this page is for the student, i.e. cell phone, email
    - "Roster Details"- You may be asked for t-shirt size, height and Weight will be used for rosters
- "Primary Parent/Guardian Information" Step Three
  - o Fill out the Parent information on the next page.
- "Physical Form"- Step Four
  - o If you need a form to take to the doctor you may print it here.
  - o Remember your athlete must have a current physical in order to begin tryouts/practice.
- "Legal Forms"- Step Five

o At this time by clicking on the boxes, you are agreeing and consenting to all information provided. These forms are legal, binding documents. The following appears on each page that you are consenting to: I (parent/guardian/non-minor student) have the right and authority to enter into this Agreement and to bind myself, the student, and any other family member, personal representative, assign, heir, trustee, or guardian to the terms of this Agreement. This is a release of all claims.

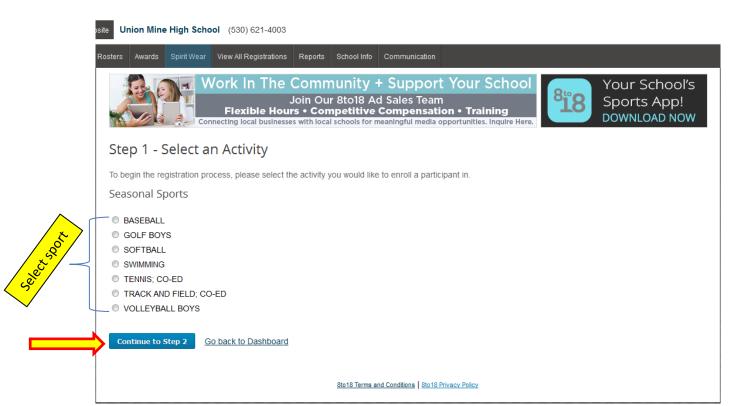
o You may click on the form to read or print. Please note that when there is a parent/guardian and student check box- they must both be checked to move forward.

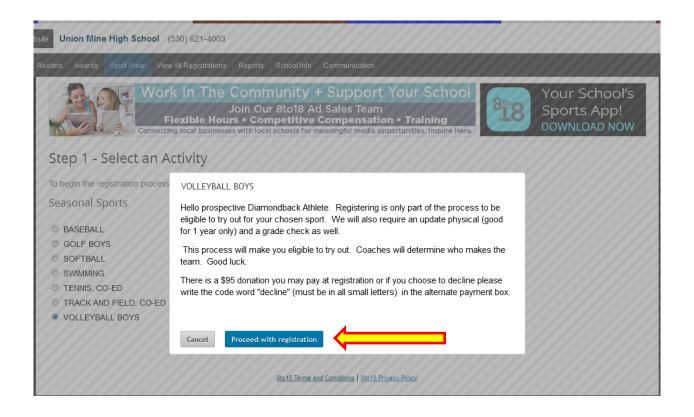
### • "Summary"- Step Six

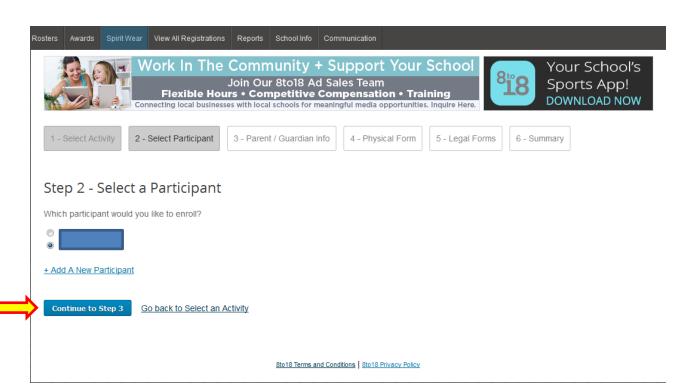
o At this time you can see what you have registered for. You will need to make a choice here. If you would like to contribute the VOLUNTARY \$95 to the Athletic program, you may either pay by check or credit card. If you would like to DECLINE the contribution, please select the box "Alternate Payment (CODE). The code you need to use is "decline" in lower-case letters without the quotation marks. Please also add a comment. You may simply use the words decline again.

o Click on "Finish" to complete your registrations. The forms are submitted electronically to UMHS. Please have your student bring their yearly physical to Erin at the front desk. At the beginning of the season, fines and grades will be checked.

If you have any questions or do not have access to the internet or to a computer, please call Erin Fechter, Athletic Secretary in the main office. 530-621-4003 x 4125.







1 - Select Activity 2 - Select Participant 3 - Parent / Guardian Info 4 - Physical Form 5 - Legal Forms 6 - Summary

Step - 3 Primary Parent / Guardian information

Please review Primary Parent / Guardian information.

Contact Info

\*\*First name

\*\*Please be sure to use correct capitalization.

Please be sure to use correct capitalization.

Cell phone numbers will not be shared.

\* Last name

\* Cell Phone

\* Home Phone

Office/Work Phone

<u>\*</u> Line1

Line2

\* City

Address

Eg.: (555) 555-5555

Eg.: Apartment 1

#### Step 5 - Legal Forms

These documents must be reviewed and accepted, click to open in a new window.

Athletic Insurance

√ Parent / Guardian





Concussion Info..

√ Parent / Guardian

√ Participant





Release of Liabi. √ Parent / Guardian

Social Media P. √ Parent / Guardian



Voluntary Contri... √ Parent / Guardian

Please open and scroll to the bottom of each form. Some forms require both the parent/guardian as well as the participant acknowledgement. You do NOT need to print the forms off and return them. Please "check" the boxes to approve and acknowledge. Once all forms are approved and acknowledged, please continue to step six.



Continue to Step 6

Grab Your Checkbook:

√ Parent / Guardian

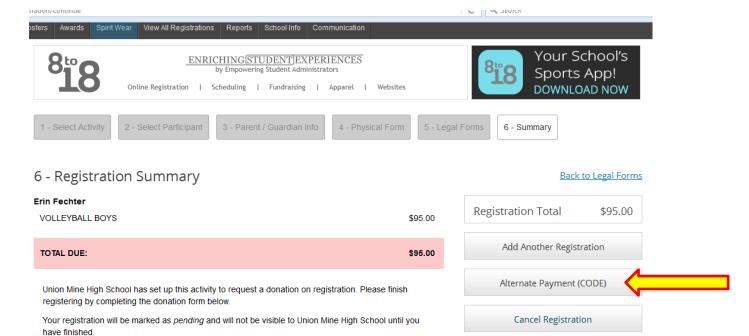
√ Participant

Back to Physical Form

#### 8to18 Terms and Conditions | 8to18 Privacy Policy

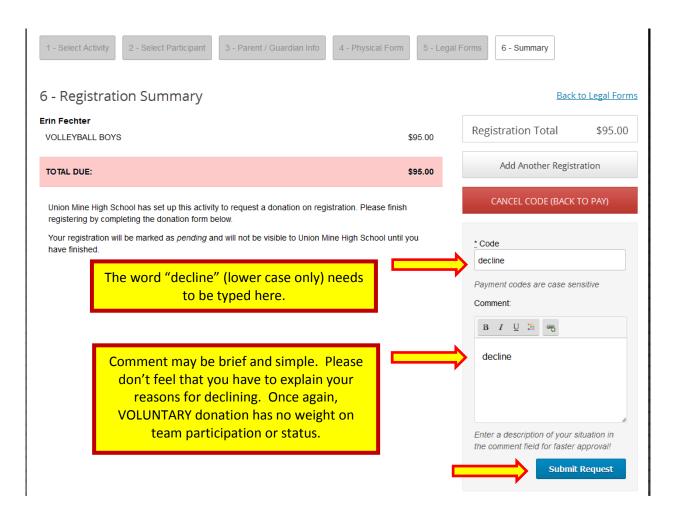
Authorization fo.

√ Parent / Guardian



Credit Card payments will be charged an additional service fee 0001 John Smith 1234 Main Street DATE

The donation requested is completely VOLUNTARY. In no way does a donation influence the student's participation status on the team. If you would like to decline the voluntary donation, please select the Alternate Payment (CODE) box.



#### EL DORADO UNION HIGH SCHOOL DISTRICT

# UNION MINE HIGH SCHOOL

### HOME OF THE "DIAMONDBACKS"

# 2016/2017 ATHLETIC INFORMATION

Principal: Paul Neville Athletic Director: Jay Aliff



## **UMHS Fall Team Sports:**

Football; JV and Varsity
Girls Golf
Girls Volleyball; Frosh, JV and Varsity
Co-Ed Cross Country

### **UMHS Winter Team Sports**

Girls Basketball; JV and Varsity
Boys Basketball; Frosh, JV and Varsity
Wrestling; JV and Varsity
Girls Soccer; JV and Varsity
Boys Soccer; JV and Varsity
Co-Ed Ski & Snowboard

### **Spring Team Sports:**

Co-Ed Tennis; JV and Varsity
Co-Ed Track & Field
Boys Golf
Girls Softball
Boys Baseball
Boys Volleyball
Co-Ed Swim



### Green Means "Go", Yellow means "Slow Down" and Red means "Stop"



The Athletic Office has implemented a system that makes communication between the Coach, Athlete and Athletic Office a little smoother for all extra-curricular athletes.

After the deadline and prior to the first day of tryouts, students that have completed their athletic information online, will be called to the front office to get their green, yellow or red slip. To help clarify for everyone:

	From the Desk of Erin Fechter Athletic Secretary/ Front Desk
Date:	Student UMHS Athlete
Congratulations! You hav	e SUCCESSFULLY completed all the necessary steps to try-out for Sports
	nd turn this form in to the coach on the first day of tryouts.

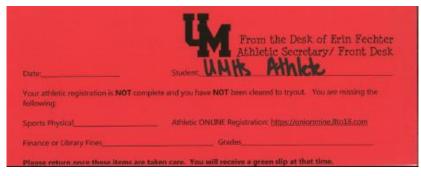
#### **Green means "Go"**

The student is ready to try out on the first day of tryouts. Student needs to keep this green ticket to give to their coach. This is a quick and easy way for the coach to confirm with students.

	From the Desk of Erin Fechter Athletic Secretary/ Front Desk
Date:	Student UMAS Athlete
athletics at UMHS. The athl	cleared (uniforms turned in) the above athlete to try out for their next season of the will need to return this slip to Erin at the front desk if the intent is to try- et their green clearance slip.
Sport/Notes	

#### Yellow means "Slow Down"

The student is current participating in a winter sport. Student will be provided a yellow slip from their coach once all their gear and uniforms are turned in. Student will need to bring this slip to Erin at the front desk to get their green slip to try out for their spring sport. Students will still need to be registered for their spring sport. The website to register is can be found at https://unionmine.8to18.com



### Red mean "Stop"

Student has an item that is holding up the progress of the packet. Once items are cleared up, student will need to see Erin at the front desk to get their green slip. Examples of what would cause a red ticket include at least one of the following:

- Physical has not been turned in or has expired
- Packet not completed online
- Fines on the books from the finance office or the library
- Grades are below a 2.0. Term grades from the last-completed term are used. If grades are below a 2.0, student will need to see Mr. Aliff in C-206 during Nutrition Break to find out the appeal process.

ALL students who try out for a sport will need to have a GREEN ticket to try-out. It takes time to process the paperwork at the athletics desk, that is why the deadline is always the Monday, two weeks prior to the start of the season. Please email efechter@eduhsd.net with any questions.

[PLEASE PRINT]

# EL DORADO UNION HIGH SCHOOL DISTRICT Sports Participation Health Record



— This form must be completed every academic year —

NAME								AGE		SEX (CIRCLE)		l F	GRADUATIO	ON YEAR
ADDRESS	3					CITY				ZIP		PHONE	<u> </u>	
ADDKES	ی					OIIT				ZIF		FINUNE		
						1				<u>.                                    </u>				
☐ Bas	seball		Cheerleading	Football	Lacro	sse	Soc	cer	☐ s	wimming/Div	/ing	П	rack	Water Polo
Bas	sketball Cross-country Golf Skiing/			g/ /boarding	☐ Soft	ball	T	Tennis V			'olleyball	Wrestling		
					Snow									
					PAR	RTA HE	ALTH HIS	STORY						
1	Yes	No	Have you aver	had an illnoon o	r injury that	-								
1.		Ш		had an illness o ou to stay in the										
			b. Lasted long	jer than a week,	explain:	-				-				
			c. Is related to sting, explain	allergies, e.g., I iin:	hay fever, h	nives, bee								
			d. Required ar	n operation, exp	lain:									
			e. Is chronic, e	e.g., asthma, dia	betes, seiz	ures*, expla	ain:							
2.			Do you take me	edications or pills	s, specify:									
3.				bers of your fam died unexpected			i i							
4.			Have you ever a. Dizzy or pas	been: ssed out during	or after exe	rcise, expla	ain:							
			b. Unconsciou	is or had a conc	ussion, <i>exp</i>	olain:								
5.			Does running th	he 1/2-mile give	you difficult	ty, explain:								
6.			Do you wear gla	asses or contac	ts, <i>explain</i> :									
7.			Do you have de	Do you have dental bridges, plates, or braces, explain:										
8.				Have you ever had a heart murmur, high blood pressure, or a heart abnormality, explain:										
9.			Do you have ar	ny allergies to m	edicines, e	xplain:								
10.			Are you missing	g a kidney, lung,	, eye, or tes	sticle, <i>explai</i>	in:							
11.			Have you ever	had severe arm	or neck pa	in, explain:								
12.			Have you sprai	ned, strained, di	islocated, o	r broken an	y of the fo	llowing:						
			Ankle	Elbov	w [	Hip	I	Neck		Other, ex	xplair	1:		
			Back	☐ Foot		Humerus		Pelvis						
			☐ Chest/Ribs	Forea	arm [	Knee		Shoulde	r					
			Collarbone	☐ Hand	1 [	Leg		Wrist						
*A sw	im seizu	re forr	m is required for s	swim activities										
	I, hereby, state the answers on form are correct to the best of my knowledge. I have also read and agree to the contents of the athletic handbook.													
X														
			Signature o	of Student Athlet	e				-	Date				
l agre handl		he he	ealth history and	d give my perı	mission fo	or an exam	ination.	l have a	also re	ead and ag	ree to	o the co	ontents o	f the athletic
X	_													
			Signature of	f Parent / Guardi	an					Date				

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PART	TB PHYSICAL EXAMINATION	RECORD (TO BE COMPLETED BY A LICENSED MEDICAL DOCTOR)						
Height (inches)	Blood Pressure /	Vision (Right)						
Weight (pounds)	Pulse	Vision (Left)						
CORE EXAMINATIO	N NORMAL	ABNORMAL FINDINGS	INITIALS					
a. Eyes								
b. Ears, Nose, Throat								
c. Mouth, Teeth								
d. Neck								
e. Cardiovascular	e. Cardiovascular							
f. Chest, Lungs								
g. Abdomen								
h. Skin								
i. Genitalia, Hernia								
			_					
ORTHOPEDIC EXAMINA	TION NORMAL	ABNORMAL FINDINGS	INITIALS					
a. Neck								
b. Spine								
c. Shoulders								
d. Arms, Elbows								
e. Forearms, Wrists, Hands	3							
f. Hips								
g. Knees, Legs								
h. Ankles, Feet								
i. Flexibility								
j. Neuromuscular								
Abnormalities found in the health history and/or physical examination that needs assessment:								
RECOMMENDATIONS:  Approved for full participation  Needs to have the above abnormalities cleared before participation.  Disqualified or limited in the following sports:								
x	-	Date:						
Licensed Medical Doctor's Signature								
Licensed Medical Doctor's Pri	ntod Namo	Licensed Medical Doctor's Address						
Licensed ividuical Doctors Pfil	nieu name	Licensed inedical Doctor's Address						

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